REGISTER NOW FOR TRAINING SESSIONS!

1. Review the training sessions for topics, dates, times, locations and credits.
2. Review the registration instructions for the county in which your session is offered.
3. Register online at childcareresourcesinc.org, or complete the registration form.

REMINDERS FOR ALL TRAINING SESSIONS

• Pre-registration is required, and enrollment is limited.
• Registrations made within two weeks prior to a session date cannot be guaranteed.
• Copy a completed registration form for your own records.
• Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals will not be permitted to enter.
CABARRUS, MECKLENBURG & UNION

Payment: Check or money order (payable to Child Care Resources Inc.) and credit cards are accepted. All training fees are NON-REFUNDABLE.

How to Register
Online: Visit childcareresourcesinc.org to view, register, and pay for sessions.
By mail or in person: Send or bring registration form with payment to: Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110
By Phone: (704) 376-6697

ROWAN

Payment: Cash, check, or money order (payable to Smart Start Rowan) are accepted.

How to Register
By mail or in person: Send or bring registration form with payment to: Child Care Connections/Smart Start Rowan, 1329 Jake Alexander Blvd. S, Salisbury, NC 28146
By phone: (704) 630-9085

STANLY

Payment: Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

How to Register
Online: Download Stanly County’s registration form at stanlypartnership.org
By mail or in person: Send or bring registration form with payment to Stanly County Partnership for Children, 1000 N First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001
By phone: Call (704) 982-203

TRAINING LOCATIONS

Mecklenburg
Child Care Resources Inc.
4600 Park Road, Suite 400
Charlotte, NC 28209

Union
Child Care Resources, Inc.
105-A Cedar St.
Monroe, NC 28110

Stanly
Stanly County Partnership for Children
1000 N. First Street, Suite 8
Albemarle, NC 28001

Cabarrus and Rowan
Please check training description for location
A+ SUPERVISION
Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children and will learn proactive measures to ensure safety in child care through appropriate supervision practices.
$15 | 2 credit hours

ALL ABOUT THE ITERS-R
This session* will focus on the Infant/Toddler Environment Rating Scale (Revised Edition), otherwise known as the ITERS-R. The ITERS-R is a child care assessment tool designed to measure classroom quality. It is one of four Environment Rating Scales (ERS) used in North Carolina for quality assessment purposes. It is used in classrooms with children ages 0-30 months. This session will give guidance on how the 7-point scoring works, definitions and key terms used in the ITERS-R, and will give an overview of the ITERS-R Subscales and Items, with some emphasis on typically low-scoring items.
*Launching in mid-October
$15 | 2 credit hours

ALL ABOUT THE ECERS-R
This session* will focus on the Early Childhood Environment Rating Scale (Revised Edition), otherwise known as the ECERS-R. The ECERS-R is a child care assessment tool designed to measure classroom quality. It is one of four Environment Rating Scales (ERS) used in North Carolina for quality assessment purposes. It is used in classrooms with children ages 0-30 months. This session will give guidance on how the 7-point scoring works, definitions and key terms used in the ECERS-R, and will give an overview of the ECERS-R Subscales and Items, with some emphasis on typically low-scoring items.
*Launching in mid-October
$15 | 2 credit hours

ARE YOUR CHILDREN IN TIMES SQUARE?
MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT
This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children’s spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.
$15 | 2 credit hours

BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM
Today’s families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, more responsive, and more respectful in our relationships with young children and with their families. This module is intended to address the topic of creating a sense of belonging for all families, including gay and lesbian families.
$15 | 2 credit hours

BREAST MILK: THE PERFECT BABY FOOD
With recent updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the last 3 generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other childhood health concerns, and how child care centers can promote, encourage and support breastfeeding within the walls of the child care facility.
$15 | 2 credit hours

BULLYING: TODAY’S MEAN SCENE
This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed.
$15 | 2 credit hours

CONVERSATION: THE COMMON THREAD IN OUR WORK
This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.
$15 | 2 credit hours

DEALING WITH SEPARATION ANXIETY
Even ET suffered from separation anxiety! Although well cared-for by his new friends, he still longed for his home and more familiar surroundings. ET’s reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!
$15 | 2 credit hours

EXPLORE! DISCOVER! INVESTIGATE!
Science in early care and education is focused on children’s natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving and organizing information.
$15 | 2 credit hours
FATHERS AND FATHER FIGURES
What has remained constant over time is the acknowledgment that parents, both mothers and fathers, are children’s first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children’s social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

$15 | 2 credit hours

GRANTING CHILDREN THEIR EMOTIONS
This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children’s emotions seriously.

$15 | 2 credit hours

POTTY TIME: WHEN IS THE RIGHT TIME?
In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process.

$15 | 2 credit hours

PRIMARY CAREGIVING
The security of a child’s attachment to primary caregivers provides a base for the child’s emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and learn how to implement a primary caregiving system in your classroom.

$15 | 2 credit hours

WE’RE ALL STRESSED HERE!
HOW TO AVOID BURNOUT
Working with children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of caring for and teaching young children.

$15 | 2 credit hours

WHO’S IN CHARGE HERE?
EFFECTIVE LEADERSHIP
Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment. *For administrators and those in leadership only.

$15 | 2 credit hours

ZONING IN ON BEHAVIOR PREVENTION: IT’S ALL IN THE ATTITUDE!
If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are that there is a problem with your “program,” not with the children. You will probably need to change aspects of your program; that is, the physical environment of the classroom, your schedule and curriculum, and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

$15 | 2 credit hours
<table>
<thead>
<tr>
<th>WORKSHOP TITLE</th>
<th>DATE</th>
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<th>CATEGORY</th>
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</thead>
<tbody>
<tr>
<td>Let’s D-I-S-H! Directors Implementing Social-Emotional Health</td>
<td>October 1, 2019</td>
<td>10 am-noon</td>
<td>Mecklenburg</td>
<td>Social &amp; Emotional Devel.</td>
</tr>
<tr>
<td>NC Foundations for Early Learning and Development</td>
<td>October 1 &amp; 3, 2019</td>
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<tr>
<td>NC Foundations for Early Learning and Development</td>
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<td>Enhancing Communication and Resolving Conflict</td>
<td>October 3, 2019</td>
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<td>Professionalism in Child Care</td>
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<tr>
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<tr>
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<tr>
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<tr>
<td>Think Babies: Early Childhood Policy and Effective Advocacy</td>
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<td>When Books POP Off The Paper</td>
<td>October 15 &amp; 17, 2019</td>
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<tr>
<td>From Involvement to Partnerships: Communicating with Parents</td>
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<td>Playground Safety</td>
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<td>Basic School Age Care (BSAC)</td>
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<tr>
<td>Increasing Quality with the ITERS-R: Today and Every Day!</td>
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<tr>
<td>The Power of Positive Relationships</td>
<td>October 19, 2019</td>
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<td>Transition Magician</td>
<td>October 22, 2019</td>
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<tr>
<td>Let’s D-I-S-H! Directors Implementing Social-Emotional Health</td>
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<tr>
<td>Increasing Quality with the ITERS-R: Today and Every Day!</td>
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<tr>
<td>Transition Magician</td>
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<td>How Children Develop and Learn</td>
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<td>ITS-SIDS</td>
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<td>We Are All Stressed: How to Avoid Burnout</td>
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<td>How to SHINE in Difficult Management Situations</td>
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<td>Circle Time Fun &amp; Learning</td>
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<tr>
<td>Event</td>
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<td>Time</td>
<td>Location</td>
<td>Category</td>
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<tr>
<td>Change Is Hard! But It Doesn’t Have to Hurt</td>
<td>November 7, 2019</td>
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<td>Infant Toddler Zone- Part II: Planning for Protection</td>
<td>November 7, 2019</td>
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<td>Story Stretchers</td>
<td>November 7, 2019</td>
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<td>The Environment as a Second Teacher</td>
<td>November 7, 2019</td>
<td>9:30 am- 3:30 pm</td>
<td>Guilford</td>
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<td>A+ Supervision</td>
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<td>Meaningful Lesson Plans</td>
<td>November 21, 2019</td>
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<td>Infant Toddler Zone-Part II: Planning for Protection</td>
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<td>Recruiting and Retaining Staff</td>
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</tr>
<tr>
<td>ITS-SIDS</td>
<td>December 16, 2019</td>
<td>6:30-8:30 pm</td>
<td>Mecklenburg</td>
<td>Infant/Toddler</td>
</tr>
<tr>
<td>Pyramid Model Overview</td>
<td>December 16 &amp; 17, 2019</td>
<td>6:30-9 pm</td>
<td>Mecklenburg</td>
<td>Social &amp; Emotional Devel.</td>
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<tr>
<td>ITS-SIDS</td>
<td>December 17, 2019</td>
<td>9:30-11:30 am</td>
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<tr>
<td>Playground Safety</td>
<td>December 19, 2019</td>
<td>9 am-1 pm</td>
<td>Mecklenburg</td>
<td>Health Safety &amp; Nutrition</td>
</tr>
<tr>
<td>Basic School Age Care (BSAC)</td>
<td>December 19, 2019</td>
<td>9 am-3 pm</td>
<td>Union</td>
<td>School-Age</td>
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</table>
EMERGENCY PREPAREDNESS
Emergency preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed two-part curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies. *This curriculum meets the state standards and requirements for Emergency Preparedness and Response. *This session is reserved for administrators ONLY and class is limited to 12 participants. Participants must attend both sessions.

**December 14 | 10 am-noon | Mecklenburg**
$15 | 2 credit hours | Level: Advanced

CHILD DEVELOPMENT

HOW CHILDREN DEVELOP AND LEARN
Knowing child development is the starting point for lesson planning, selecting materials, and guiding children’s learning. Participants will also explore how development proceeds on a continuum, the process for conducting child observations and how child observations support planning.

**October 26 | 8:30-10:30 am | Mecklenburg**
$15 | 2 credit hours | Level: Intermediate

MIND IN THE MAKING: SEVEN ESSENTIAL LIFE SKILLS LEARNING JOURNEY
Based on the ground breaking book by Ellen Galinsky, *Mind in the Making: The Seven Essential Life Skills Every Child Needs*, this learning series has four sessions covering the seven essential life skills. Through engaging activities, reflection, and powerful video views, this learning series offers participants opportunities to promote these life skills in young children and in themselves. Participants will create a community of learners to further reflect and learn about necessary life skills.

**October 12 & 19; November 16 & 23**
8:30 am-12:30 pm | Mecklenburg
$60 | 16 credit hours | Level: Intermediate

TRANSITION MAGICIAN
Participants will gain an understanding of what transitions are and how to assist children in being successful with transitions using techniques and guidance. Participants will identify when transitions occur and how to effectively plan for them. After this session, participants will be able to facilitate transitions and understand how supervision can be controlled through planned activities.

**October 22 | 9:30-11:30 am | Mecklenburg**
October 24 | 6:30-8:30 pm | Cabarrus
(All Saints Episcopal Church, 525 Lake Concord Rd. NE, Concord, NC 28025)
$15 | 2 credit hours | Level: Entry
CURRICULUM

CIRCLE TIME FUN AND LEARNING
In this session, participants will practice how to smoothly transition to and from circle time. We will list a variety of component activities that can be incorporated into circle time and discuss the appropriateness of the use of calendar time during circle time.
November 7 | 6:30-8:30 pm | Mecklenburg
December 5 | 6:30-8:30 pm | Cabarrus
(All Saints Episcopal Church, 525 Lake Concord Rd. NE, Concord, NC 28025)
$15 | 2 credit hours | Level: Entry

MEANINGFUL LESSON PLANS
Do you struggle with developing interesting and varied lesson plans? Join us as we explore the how, why, and what of lesson plans. Participants will explore the components of a successful lesson plan and the various approaches that can be used in developing them. Specific strategies on incorporating the interests and needs of the children into lesson plans will also be included.
November 13 | 6:30-8:30 pm | Union
November 21 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Intermediate

UNDERSTANDING THE IMPORTANCE OF CURRICULUM
This course is designed to provide participants with a deeper understanding of the importance of curriculum and lesson plan development. Participants gain a better understanding of why curriculum is so important for the children in their program.
October 24 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours | Level: Entry

LEVELS: Wondering if a session is right for you? Each description indicates the level of knowledge participants can expect to gain from a training session.
Entry – Offers basic background information
Beginner – Explores practical application
Intermediate – Expands existing knowledge
Advanced – Provides specific, in-depth knowledge relevant to field of concentration or interest area

HEALTH, SAFETY, NUTRITION

A+ SUPERVISION
Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? You will learn to recognize common situations that pose risks to children, and you will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.
November 18 | 6:45-8:45 pm | Union
$15 | 2 credit hours | Level: Entry

CPR/FIRST AID CERTIFICATION
CPR Certification and First Aid Certification are required certifications for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants, children, and adults. *There will be a one-hour break for lunch on your own.
October 12 | 8:30 am-4:30 pm | Mecklenburg
November 2 | 8:30 am-4:30 pm | Mecklenburg
$60 | 7 credit hours | Level: Entry

CPR/ FIRST AID: ABOVE AND BEYOND
This training will go above and beyond regular CPR and First Aid. Participants will learn how to use a defibrillator and other lifesaving props. Participants will receive a Pediatric CPR and First Aid book along with handouts specific to your needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults. DCDEE approved instructor. *Checks MUST be made out to the trainer, Tracy Webb-Goodman.
October 12 | 8:30 am-1:30 pm | Rowan
November 9 | 8:30 am-1:30 pm | Rowan
December 7 | 8:30 am-1:30 pm | Rowan
$60 | 5 credit hours | Level: Entry

PLAYGROUND SAFETY
Do you know what makes a playground safe? This session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and gain hands-on experience by completing a playground safety check.
October 17 | Noon-4 pm | Mecklenburg
November 14 | 9 am-1 pm | Mecklenburg
December 19 | 9 am-1 pm | Mecklenburg
$25 | 4 credit hours | Level: Entry

SHAKEN BABY SYNDROME
Shaken baby syndrome usually occurs when a parent or caregiver severely shakes a child in frustration or anger, often because a child will not stop crying. Shaken baby syndrome is preventable. This session will address symptoms, causes, and strategies for prevention.
December 2 | 9:30-11:30 am | Mecklenburg
$15 | 2 credit hours | Level: Entry

HEALTHY HABITS FOR LIFE
Childhood is a time when children begin to learn about themselves and the world around them. It is also a time when they begin to develop habits relating to nutrition and physical activity. These habits can affect them for the rest of their lives. Come learn about a Healthy Habits for Life Resource Kit. We will demonstrate fun and easy-to-use activities from the kit that will fit right into your existing routine. We will talk about how to include families too! Come join the fun.
October 31 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Intermediate
INFANT/TODDLER

INCREASING QUALITY WITH THE ITERS-R: TODAY AND EVERY DAY!
This course presents an in-depth review of the Infant Toddler Environment Rating Scale subscales and indicators. Lecture, activities, and discussions will help you better understand the reasons behind the ITERS-R requirements. Participants will engage in discussions and activities that explore how to best support infant toddler development and learning using an appropriate tool designed to measure quality. Participants will gain confidence in their ability to provide high-quality early learning experiences. It is encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale-Revised edition. *Participants must attend both sessions.

**INFANT TODDLER ZONE-PART I:**
**CREATING A SECURE ENVIRONMENT**
Caring for infants and toddlers can be extremely rewarding but also pretty challenging. These very young children are dependent on their caregivers to meet their individual needs that support early learning and development while at the same time being responsible for their health and safety. During Part I of this series, we will identify ways to enhance supervision so that infants and toddlers in your program are safe during play activities. Clear guidelines are discussed that will keep children healthy but also feeling secure as they explore their indoor and outdoor child care environment.

**December 9 | 6:30-8:30 pm | Union**
$15 | 2 credit hours | Level: Beginner

**INFANT TODDLER ZONE-PART II:**
**PLANNING FOR PROTECTION**
Caring for infants and toddlers can be extremely rewarding but also pretty challenging. These very young children are dependent on their caregivers to meet their individual needs that support early learning and development while at the same time being responsible for their health and safety. After Part II of this series, you will leave feeling more confident about the key elements of planning for protection including keeping records and communicating with families and other staff. There will also be conversation about the importance of daily active physical play as well as the types of age-appropriate materials to provide that allow for safe exploration in a secure world.

**November 7 | 6:30-8:30 pm | Cabarrus**
(Kings Keep Learning Center, 7550 Ruben Linker Road N.W. Concord NC 28027)

**December 5 | 6:30-8:30 pm | Mecklenburg**
$15 | 2 credit hours | Level: Entry
INFANT TODDLER ZONE-PART III:
CARING FOR INFANTS AND TODDLERS
During this session of the Infant Toddler Zone Safety Series, positive guidance strategies are presented that help infants and toddlers learn about their world and its expectations. Enhance your understanding of how a caregiver's patient guidance can facilitate the development of social emotional competence of infants and toddlers and discover ways to make the most of the daily routine that support safe, healthy, and enjoyable experiences.

December 12 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

ITS-SIDS
Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available. *Health and Safety Training Topic #11- Prevention of Sudden Infant Death Syndrome and Use of Safe Sleep Practice.

October 7 | 6:30-8:30 pm | Mecklenburg
October 14 | 6:30-8:30 pm | Union
October 26 | 9-11 am | Mecklenburg
November 9 | 9-11 am | Mecklenburg
November 12 | 6:30-8:30 pm | Union
$15 | 2 credit hours | Level: Entry

November 19 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours | Level: Beginner

MORE THAN JUST ROUTINE:
TURN EVERYDAY MOMENTS INTO EXTRAORDINARY!
What does the word “curriculum” mean to you? If teaching skills and planning projects are the first ideas that come to mind, this workshop will open your eyes to a new way of thinking. Infant and toddler teachers spend a large part of the day engaged in routine caregiving responsibilities. These are key learning times! Participants will gain an understanding of why routines are essential to “curriculum” for infants and toddlers. Participants will learn how responsive and respectful one-on-one caregiving routines are opportunities for building relationships and learning, and how these routines are connected to culture and family values.

December 3 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours | Level: Beginner

THINK BABIES: EARLY CHILDHOOD POLICY AND EFFECTIVE ADVOCACY
Advocacy made easy! This 3-hour event is designed to engage child care providers and other early childhood education partners in effective advocacy efforts. Whether you are new to advocacy or a seasoned veteran who wants to refresh their efforts, this event will help you with specific actionable steps to focus on infants and toddlers, identify key issues that impact early education policy and develop easy advocacy strategies at work.

October 14 | 9 am-noon | Mecklenburg
No fee | 3 credit hours | Level: Beginner

CREATIVE MOVEMENT FOR THE MIND & BODY
Combining music and movement while working on gross motor skills, encouraging imagination, and creating positive energy, “Miss Kim” will share her skits, songs, and presentations in an energy-filled way that brings laughter and tears. Participants will understand the meaning and importance of vestibular, proprioception, and crossing the midline. Learn how to use various props that enhance the creative movement experience for preschoolers. Miss Kim will share unique creative movement holiday ideas that create fun parent showcases and will demonstrate children’s YOGA practice through storytelling.

December 12 | 6:30-8:30 pm | Rowan
$15 | 2 credit hours | Level: Entry
LITERACY THROUGHOUT THE ENVIRONMENT
Literacy needs to be real and meaningful to young children. Would you like to do more with literacy in your classroom than the “letter of the week”? This session will help you identify tools and techniques that support literacy development in young children that are developmentally appropriate. Participants will develop an understanding of the principles of literacy and will explore teaching strategies that incorporate literacy throughout the learning environment.

December 5 | 6:30-8:30 pm | Union
December 11 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Intermediate

STORY STRETCHERS
Everyone loves a good story. Through this hands-on session, participants will learn how to extend favorite books into other areas of the curriculum; including play and learning centers and small group activities. Perfect for new and seasoned teachers!

November 7 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

PROFESSIONALISM
ENHANCING COMMUNICATION AND RESOLVING CONFLICT
Conflict is inevitable in any situation, especially the work situation. When staff are aware of the factors involved in conflict and have developed skills to reduce conflict, the overall atmosphere of the workplace is enhanced. Join us as we explore how conflict occurs, develop an understanding of our own conflict management style, discuss misconceptions around conflict, and develop strategies to enhance communication skills in order to support conflict resolution.

October 3 | 9:30-11:30 am | Mecklenburg
October 9 | 6:30-8:30 pm | Union
$15 | 2 credit hours | Level: Intermediate

HOW TO THRIVE DURING CHALLENGING CONVERSATIONS
I’m speaking, are you listening? We all want to be heard. It’s gratifying, empowering, and makes us feel valued. And in a difference of opinion, we want our side to be represented. We want others to get who we are and to hear our point of view, even if they don’t agree with us. Come join us to role play, listen, and learn tips and strategies for effective communication.

October 3 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Intermediate

INVOLVEMENT TO PARTNERSHIPS: COMMUNICATING WITH PARENTS
You just don’t understand why your parents are not more involved with classroom activities. Sometimes you feel that the parents are the cause of lack of communication between you and them. This seminar will provide answers and strategies for understanding your dilemma and resolving your parent issues. *Participants must attend both sessions.

October 15 & 17 | 6-8:30 pm | Rowan
$25 | 4 credit hours | Level: Entry

INTRODUCTION TO CULTURAL COMPETENCE: AWARENESS
Cultural competence is essential for early childhood education to be beneficial for ALL children. This includes honoring children’s home languages as well as genuine engagement and support with all families, including extended and non-traditional families.

October 10 | 9 am-3 pm | Mecklenburg
$25 | 5 credit hours | 0.5 CEUs
Level: Entry

QUALITY EVERY DAY
MODULE 2: RELATIONSHIP BUILDING THROUGH COACHING
Do you struggle with connecting your staff members? Are your staff members disengaged? As a coach, it’s important to develop a positive relationship with your staff to provide them with a high level of support. In this module, we will identify various skills and techniques that can be used to build positive relationships with your staff.

November 12 | Noon-2 pm | Mecklenburg
December 5 | 10 am-noon | Mecklenburg
Free | 2 credit hours

PROFESSIONALISM IN CHILD CARE
In this session, participants will develop an understanding of the importance of a sense of "professionalism" in the early care and education field. Participants will explore professional behaviors and attributes, discuss professional behaviors specific to your program, and identify “who are your customers” and how professionalism is key to building quality.

October 3 | 9:30-11:30 am | Mecklenburg
$15 | 2 credit hours | Level: Entry

WE ARE ALL STRESSED: HOW TO AVOID BURNOUT
Working with young children is rewarding, but it also presents its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

October 28 | 6:45-8:45 pm | Union
$15 | 2 credit hours | Level: Entry
**SCHOOL-AGE**

**BASIC SCHOOL AGE CARE (BSAC)**
The state of North Carolina mandates BSAC training for all school-age professionals who work in or operate a licensed child care program. The modules in BSAC cover the elements of quality care, child development, positive guidance, age-appropriate activities, environmental design, health and safety, and NC Child Care Regulations.

*Reserved for school age providers ONLY.*

**October 17 | 9 am-3 pm | Cabarrus**
(NC Cooperative Extension, Cabarrus Co Center, 715 Cabarrus Ave. W., Concord NC)

**November 4 | 9 am-3 pm | Mecklenburg**

**December 19 | 9 am-3 pm | Union**

$25 | 5 credit hours | 0.5 CEUs | Level: Entry

**HOMELESSNESS IN AFTERSCHOOL**
Children do not ask to be homeless. They do not create this situation. They may live in cars, tents, unoccupied dwellings, or they may “double-up” with other families. They may have witnessed abuse (or been abused), may have been exposed to violence, theft, death, or much more. Children in homelessness may need food, a warm place to sleep, a bath. Above all, they need someplace that provides stability and orderliness to their life. Your afterschool program can provide some of that. Join us to learn about the federal act that helps homeless children and youth stay in school, learn potential warning signs of homelessness, and share some strategies you can implement in your before/after school program immediately to help meet the needs of this population.

**November 14 | 6:30-8:30 pm | Mecklenburg**

$15 | 2 credit hours | Level: Beginner

**SOCIAL & EMOTIONAL DEVELOPMENT**

**CHANGE IS HARD! BUT IT DOESN'T HAVE TO HURT**
Experts estimate that 20 to 30% of a young child’s day involves transitioning from one activity to another. Unless teachers plan transitions as carefully and intentionally as they plan the rest of their day, that time can be stressful and frustrating for teachers and children alike. Participants will identify the transitions in their daily schedule, determine ways to eliminate some transitions, and learn strategies to support smooth transitions.

**November 7 | 6:30 pm-8:30 pm | Union**

$15 | 2 credit hours | Level: Entry

**HOW ARE YOU AND HOW AM I?**
Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. We’ll examine the benefits to children who gain a foundation in emotional literacy, explore ways in which you can foster emotional literacy in your classroom, and share resources for tools and activities teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.

**October 10 | 6:30-8:30 pm | Mecklenburg**

$15 | 2 credit hours | Level: Entry

**November 14 | 6:30-8:30 pm | Stanly**

$7 | 2 credit hours | Level: Entry

**LET’S DISH! DIRECTORS IMPLEMENTING SOCIAL-EMOTIONAL HEALTH**
This session explores the CSEFEL Pyramid model, stresses the importance of social-emotional well-being and reviews resources for directors to share with teachers and parents about understanding and supporting social-emotional development. This is the key to unlocking your center’s plan for positive classroom behaviors, school readiness, content parents and happy teachers. (For administrators and owners only).

**October 1 | 10am-noon | Mecklenburg**

October 8 | 10 am-noon | Rowan

$10 | 2 credit hours | Level: Intermediate

**October 22 | 6:30-8:30 pm | Union**

$15 | 2 credit hours | Level: Intermediate

**PREVENTING POWER STRUGGLES WITH PRESCHOOLERS**
We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They’re told when to get up, what to wear, what to eat, when to eat it, where to go, and what to do when they get there. Introducing choice into a young child’s life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers.

**November 5 | 6:30-8:30 pm | Cabarrus**
(Pitts Baptist CDC, 140 Pitts School Rd. NW, Concord NC 28027)

$15 | 2 credit hours | Level: Entry
PYRAMID MODEL OVERVIEW
The research is clear: social-emotional competencies are a key component to success in life and learning, and are most easily developed during early childhood. The Pyramid Model is a powerful framework early childhood teachers can use to promote social-emotional development and prevent challenging behaviors. During this overview seminar, participants will gain a deeper understanding of the importance of healthy social emotional development in young children, factors that influence behaviors, and causes of challenging behaviors in young children. A variety of tools, props, and activities will help participants understand and begin to implement each component of the Pyramid Model. *Participants must attend both sessions.

December 16 & 17 | 6:30-9 pm | Mecklenburg
$20 | 5 credit hours | 0.5 CEUs | Level: Entry

REDUCING SUSPENSION AND EXPULSION IN ECE PROGRAMS
Suspension and expulsion from child care can have long-lasting negative effects on both children and families. It is the intent of the NC DCDEE to severely limit the use of these exclusionary practices in early childhood education programs. This informational meeting will acquaint facility administrators/owners with NC’s new Suspension/Expulsion Policy, explore the importance of promoting healthy social-emotional development in preventing the challenging behaviors which often lead to suspension/expulsion. Also included are effective program policies and procedures which support the shift from exclusion to retention. FOR ADMINISTRATORS & OWNERS ONLY.

October 29 | Noon-5 pm | Pamlico
Pamlico County Partnership for Children
702A Main St. Bayboro NC, 28515
$20 | 1.5 DCDEE contact hours

THE ENVIRONMENT AS A SECOND TEACHER
Is your classroom ready for an extreme makeover?! The environment impacts behavior, and you control the environment - come learn how to make that environment work for you in taming challenging behaviors. Teachers will have the opportunity to assess their own classroom environment and create a guided action plan for design and implementation of a supportive environment in their teaching practice.

November 7 | 9:30 am-3:30 pm | Guilford
North Carolina A&T State University Child Development Lab, 114 Luther Street, Greensboro NC 27411 | FREE | .5 CEUs
December 5 & 12 | 6-8:30 pm | Randolph
Shepherd’s Way Day School
1346 Cox Road, Asheboro NC 27205
Free | .5 CEUs

THE POWER OF POSITIVE RELATIONSHIPS
The Pyramid Model developed by the Center on the Social-Emotional Foundations of Early Learning (CSEFEL) provides a framework for preschool teachers to support the social-emotional development of young children. In this module we’ll explore attitudes about challenging behaviors and the range of factors that influence a child’s behavior, define the relationship between social emotional development and children’s behavior, and learn a framework to enhance social emotional competence and reduce challenging behaviors, and focus on positive relationships as the crucial foundation of children’s ability to learn.

October 19 | 8 am-1 pm | Catawba
The Sandbox, 2566 3rd Ave. SE
Hickory, NC 28602 | Free | .5 CEUs
November 1 | 8 am-1 pm | Lincoln
First Baptist Church Children’s Ministry
201 Robin Road, Lincoln NC, 28092
Free | .5 CEUs

WHEN BOOKS POP OFF THE PAPER
Books are standard materials in most classrooms, but are we getting the most out of them? How intentional is our choice of books, the way we read books, and the way we expand children’s learning through books? In this session we will discuss how building literacy skills (including emotional literacy) is critical for young children, define best practices in early literacy and writing, explore books and “Book Nooks” from the Center on the Social and Emotional Foundations for Early Learning (CSEFEL), and create expansion activities for additional children’s books that will not only enhance children’s learning in the classroom but will make it fun for you and for them! Discover new books and take home activities that you can immediately begin using!

October 15 & 17 | 3:30-6 pm | Caswell
Caswell County Partnership for Children
1084 NC HWY 86N, Yanceyville NC 27379
$20 | .5 CEUs
REGISTRATION FORM

Organization/Program Name: ________________________________________________________________

Organization Address: ___________________________________________________________________

City: ___________________ State: ___________ County: _______________ Zip Code: ________________

Organization Phone Number: _______________ Fax Number: __________________

Email Address: _________________________________________________________________________

Type of Program (circle one): Child Care Center / Family Child Care Home / Other _______________

Please list the title and date of the training session selection(s). In order to register multiple participants, you
must include their last name and the last four digits of their Social Security Number. Please make copies as
needed to register additional participants or sessions.

TRAINING SESSION TITLE: ____________________________________________ Date of Session: __________

Participant Name: (First, Last):____________________________________________________________

Participant Address: _____________________________________________________________________

Participant City: ___________________ State: ___________ County: _______________ Zip: ___________

Participant Phone: _________________________________ Email: ________________________________

Position (Administrator/Teacher/Assistant): _____________________ Last 4 digits of participant’s SSN:____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

_____ # of children in care (0-3yrs) _____ # of children in care (3-5yrs) _____ # of children in care (5-12yrs)

Participant Age: ___15-19 years   ___20-25   ___25-34   ___35-44   ___45-59   ___60-69   ___65 and over   ___Prefer not to give

TRAINING SESSION TITLE: ____________________________________________ Date of Session: __________

Participant Name: (First, Last):____________________________________________________________

Participant Address: _____________________________________________________________________

Participant City: ___________________ State: ___________ County: _______________ Zip: ___________

Participant Phone: _________________________________ Email: ________________________________

Position (Administrator/Teacher/Assistant): _____________________ Last 4 digits of participant’s SSN:____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

_____ # of children in care (0-3yrs) _____ # of children in care (3-5yrs) _____ # of children in care (5-12yrs)

Participant Age: ___15-19 years   ___20-25   ___25-34   ___35-44   ___45-59   ___60-69   ___65 and over   ___Prefer not to give

Check or Money Order made payable to Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209

*Credit Card Payments accepted online only.