Training sessions offered between July 1 – September 30, 2019 are listed in this issue.

The Region 6 Child Care Resource & Referral Training Calendar is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten and school-age programs with information about and access to a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union Counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.

Register Now for Training Sessions!

1. Review the professional development training sessions for topics, dates, times, locations and credits. Topics are listed under appropriate training categories.

2. Review the registration instructions on page 2 for the county in which your training session(s) is/are offered.

3. Complete the registration form on page 11 and return it as soon as possible to the appropriate location.

REMINDEERS for ALL Training Sessions

- Pre-registration is required and enrollment is limited for sessions in all counties.
- Register early—registrations made within 2 weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records. For training in Stanly County, please refer to the registration instructions on page 2.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals will not be permitted to enter.
Registration Instructions (See Registration Form on Page 11)

Cabarrus, Mecklenburg & Union

Payment Information:
• Check or money order (payable to “CCRI”) and credit cards are accepted payment forms.
• All training fees are NON-REFUNDABLE.

How To Register:
• ON THE WEB: Visit www.ccrinc.org to view, register, and pay for training sessions.
• BY MAIL or IN-PERSON: Send or bring registration form found in this publication with payment to the Child Care Resources location in the county where your selected session will be held:
  Cabarrus/Mecklenburg/Union
  Child Care Resources Inc.
  4600 Park Road, Suite 400
  Charlotte, NC 28209

Rowan

Payment Information:
• Cash, check or money order (payable to “Smart Start Rowan”) are accepted payment forms.

How To Register:
• BY MAIL or IN-PERSON: Send or bring registration form found on page 11 with payment to Quyona Rawley at:
  Child Care Connections / Smart Start Rowan
  1329 Jake Alexander Blvd. S
  Salisbury, NC 28146
• BY PHONE: Call Quyona Rawley at (704) 603-3351.

Stanly

Payment Information:
• Cash, check or money order (payable to “Stanly County Partnership for Children”) are accepted payment forms.

How To Register:
• Download Stanly County’s registration form at www.stanlypartnership.org. Please DO NOT USE the registration form from this publication.
• BY MAIL or IN-PERSON: Send or bring registration form with payment to:
  Stanly County Partnership for Children
  1000 North First Street, Suite 8 (Stanly Commons)
  Albemarle, NC 28001
Questions: Call Linda Solomon at (704) 982-2038.

Locations

MECKLENBURG: CCRI, 4600 Park Road, Suite 400
Charlotte, NC 28209

UNION: CCRI, 105-A Cedar Street
Monroe, NC 28110

CABARRUS: Please check training session description for location.

ROWAN: Please check training session description for location.

STANLY: Stanly County Partnership for Children
1000 N. First Street, Suite B, Albemarle, NC 28001

Session Codes

Wondering if a session is right for you? Each description lists:

AUDIENCE: Indicates if training sessions are intended for staff from:
Child Care Centers = C
Family Child Care Homes = F
Centers In A Residence = R
All Child Care Programs = A

LEVEL: Indicates level of knowledge participants can expect
to gain from a training session. This scale is adapted from the
Early Care and Education Career Lattice described in Child Care
Resources’ Reaching Higher professional development plan.

1 Entry – Offers basic background information.
2 Beginner – Explores practical applications.
3 Intermediate – Expands existing knowledge.
4 Advanced – Provides specific, in-depth knowledge
relevant to field of concentration or interest area.

ERS: Indicates whether a training provides information related to
one of the Environment Rating Scales: Infant/Toddler Environment Rating Scale (ITERS-R), Early Childhood Environment Rating Scale (ECERS-R), Family Child Care Environment Rating Scale (FCCERS-R), and School-Age Care Environment Rating Scale (SACERS).
EXCITING NEW TRAINING

Welcome to a very different kind of learning experience, a learning journey designed to engage and inspire you; to deepen your own learning; and to provide extensive information about the science of how children learn best.

Based on the groundbreaking book by Ellen Galinsky, Mind in the Making: The Seven Essential Life Skills Every Child Needs, this learning series has for sessions covering the seven essential Life Skills. Through engaging activities, reflection, and powerful videos, this learning journey offers participants opportunities to promote the Life Skills in young children and in themselves. The Skills are: Focus and Self-Control; Perspective Taking; Communicating; Make Connections; Critical Thinking; Taking on Challenges; and Self-Directed, Engaged Learning. Through this exciting journey, participants will also create a community of learners to further reflect and learn about the Life Skills necessary for children and themselves.

Session I

Mind in the Making Seven Essential Life Skills Introduction: Introduces the Seven Essential Life Skills and “executive functions”.

Life Skill One: FOCUS AND CONTROL: Children need this Life Skill to manage their responses to stimulation in environments filled with distractions and information overload. This Life Skill originates in infancy and is enhanced as a child develops. Participants learn the strategies that support paying attention, thinking flexibility, remembering the “rules”, and exercising self-control.

Session II

Life Skill Two: PERSPECTIVE TAKING: Explore the significance of Perspective Taking and how to promote it. This Life Skill goes far beyond empathy; it involves figuring out what others think and feel, and how to consider those views along with one’s own thoughts and feelings. Perspective Taking emerges in children over time; it impacts interactions and relationships; and it forms the basis of children’s understanding of the intentions of their parents, siblings, friends, teachers, and others.

Life Skill Three: COMMUNICATING: Communication is much more than understanding language, speaking, reading, and writing. This Life Skill is used to determine what one wants to communicate and how communications are understood by others. Learn strategies to promote this Skill in infants by using “infant-directed” speech; in young children by supporting “rich and descriptive” language, and ways to help preschoolers and older children think about what they want to say and how their words will be understood by others.

Session III

Life Skill Four: MAKING CONNECTIONS: This is the heart of learning; figuring out what’s the same and what is different and sorting these things into categories. Making both “usual” and “unusual” connections is also the core of creativity. Discover ways to help children see how ideas, concepts, and information might go together. Promoting this Life Skill helps children move beyond “knowing” information to “using” it.

Life Skill Five: CRITICAL THINKING: This Life Skill involves the on-going search for valid and reliable knowledge to guide one’s beliefs, decisions and actions. Critical Thinking follows a developmental path emerging in children over time. Learn to promote this Skill through decision-making processes and activities that encourage children to be curious about the world and how it works. Help children develop the skills to not only ask questions, but pursue answers and solutions.

Session IV

Life Skill Six: TAKING ON CHALLENGES: Life is full of stresses and challenges. Children who are willing to take on challenges; instead of avoiding them or simply coping with them, do better in school and life. This Life Skill presents the cycle of when and why stress occurs, how “stress systems are activated to address a challenging situation, and the “growth and “repair” modes to deal with the challenge. Develop strategies to manage difficult situations as well as strategies to support children through life’s challenges.

Life Skill Seven: SELF-DIRECTED ENGAGED LEARNING: It is through learning that each of us can realize our potential. As the world changes, we can change and continue to learn. Children need help discovering how to direct their own learning, and as teachers we can promote strategies for children’s self-directed learning.

*Participants must attend all 4 sessions to receive a certificate of completion

| Session 1: Saturday, August 17 | 8:30 am-12:30 pm | Mecklenburg |
| Session 1: Saturday, August 24 | 8:30 am-12:30 pm | Mecklenburg |
| Session 1: Saturday, September 21 | 8:30 am-12:30 pm | Mecklenburg |
| Session 1: Saturday, September 28 | 8:30 am-12:30 pm | Mecklenburg |
| $60 | 16 credit hours |

Audience & Level: A/3
July 1 – September 30, 2019

**Breast Milk: The Perfect Baby Food**
With recent updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the last 3 generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other childhood health concerns, and how child care centers can promote, encourage and support breastfeeding within the walls of the childcare facility. *A Google account/email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Bullying: Today’s Mean Scene**
This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed. *A Google account/email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Conversations: The Common Thread in Our Work**
This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom. *A Google account/email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Dealing with Separation Anxiety**
Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET’s reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers! *A Google account/email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Explore! Discover! Investigate!**
Science in early care and education is focused on children’s natural interests in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science such as: observing, recording, problem solving and organizing information. *A Google account/email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Fathers and Father Figures**
What has remained constant over time is the acknowledgment that parents, both mothers and fathers, are children’s first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children’s social and emotional development. This is the topic of this self-paced session, as we think about obstacles to father involvement and discuss ways to support and encourage father involvement. *A Google account/email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Primary Caregiving**
The security of a child’s attachment to primary caregivers provides a base for the child’s emotional and social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and learn how to implement a primary caregiving system in your classroom. *A Google account/email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

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**Check out our OnDemand Button at [www.ccrinc.org](http://www.ccrinc.org).**

Please see Page 2 for technology requirements.

**AA+ Supervision**
Did you know that with appropriate supervision, most accident and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices. *A Google account/email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Are Your Children in Times Square?**

**Moving from Sensory Overload to Sensory Engagement**
This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children’s spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Belonging: Including Children of Gay and Lesbian Parents (and all children!) in Your Program**
Today’s families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, more responsive, and more respectful in our relationships with young children and with their families. This module is intended to address the topic of creating a sense of belonging for all families, including gay and lesbian families.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Breast Milk: The Perfect Baby Food**
With recent updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the last 3 generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other childhood health concerns, and how child care centers can promote, encourage and support breastfeeding within the walls of the childcare facility. *A Google account/email address is required.

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$15 | 2 credit hours

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**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

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We’re All Stressed Here! How to Avoid Burnout
Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children. *A Google account/email address is required.

On Demand *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

Will You Come Back for Me? Dealing with Separation Anxiety
Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET’s reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new or seasoned teachers! *A Google account/email address is required.

On Demand *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

Who’s in Charge Here? Effective Leadership
Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment. *For administrators and those in leadership positions only. *A Google account/email address is required.

On Demand *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

Zoning in on Behavior Prevention: It’s all in the Attitude!
If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are that there is a problem with your “program”, not with the children. You will probably need to change aspects of your program; that is, the physical environment of the classroom, your schedule and curriculum, and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions. *A Google account/email address is required.

On Demand *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours
Administration

Emergency Preparedness
Emergency Preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed two-part curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies.

*This curriculum meets the state standards and requirements for Emergency Preparedness and Response. *This session is reserved for administrators ONLY and class is limited to 12 participants.
- **July 9**  | 9:30 am-12:00 pm  | Mecklenburg
- **August 19**  | 9:30 am-12:00 pm  | Union
- **August 7**  | 2:00-4:30 pm  | Mecklenburg
- **September 5**  | 12:30-3:00 pm  | Mecklenburg

$15  | 2.5 credit hours
Audience & Level: A/3

Professionalism

How to Thrive During Challenging Conversations
I’m speaking, are you listening? We all want to be heard. It’s gratifying, empowering, and makes us feel valued. And in a difference of opinion, we want our side to be represented. We want others to get to who we are and to hear our point of view, even if they don’t agree with us. Come join us to role play, listen, and learn tips and strategies for effective communication.
- **August 29**  | 6:30-8:30 pm  | Mecklenburg

$15  | 2 credit hours
Audience & Level: A/3

Introduction to Cultural Competence: Awareness
Cultural Competence is essential for early childhood education to be developmentally beneficial for ALL children. This includes honoring children’s home languages, as well as genuine engagement and support with all families, including extended and non-traditional families.
- **July 30**  | 9:00 am-3:00 pm  | Mecklenburg

$25  | 5 credit hours  | 0.5 CEUs
Audience & Level: A/1

Professionalism in Child Care
Participants will develop an understanding of the importance of a sense of “professionalism” in the early care and education field. Participants will explore professional behaviors and attributes; discuss professional behaviors specific to their programs; identify “who are their customers”; and how professionalism is key to building quality.
- **July 6**  | 9:30-11:30 am  | Cabarrus

$15  | 2 credit hours
Audience & Level: A/1

Child Development

Circle Time Fun & Learning
In this session participants will practice how to: smoothly transition to and from circle time; list a variety of component activities that can be incorporated into circle time; and discuss the appropriate use of calendar time during circle time.
- **July 18**  | 6:30-8:30 pm  | Mecklenburg
- **September 5**  | 9:30-11:30 am  | Cabarrus

$15  | 2 credit hours
Audience & Level: A/1

Conversation: The Common Thread in Our Work
This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.
- **September 12**  | 6:30-8:30 pm  | Mecklenburg

$15  | 2 credit hours
Audience & Level: A/1

Early Brain Development and Toxic Stress
Science is just beginning to understand the interconnection of mind and body- and how our thoughts, feelings, and experiences affect health, development, and general well-being. This session will explore the development of the brain in the context of early childhood mental health and learn how important a child’s experiences are to the developing brain.
- **July 30**  | 6:30-8:30 pm  | Rowan
- **September 17**  | 6:30-8:30 pm  | Rowan

$10  | 2 credit hours
Audience & Level: A/1

Fathers and Father Figures
What has remained constant over time is the acknowledgment that parents, both mothers and fathers, are children’s first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children’s social and emotional development. This is the topic of this session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.
- **August 26**  | 6:30-8:30 pm  | Mecklenburg

$15  | 2 credit hours
Audience & Level: A/1

Mind in the Making: Seven Essential Life Skills Learning Journey
Based on the groundbreaking book by Ellen Galinsky, Mind in the Making: Seven Essential Life Skills Every Child Needs, this learning series has four sessions covering the seven essential life skills. Through engaging activities, reflection and powerful videos, this learning series offers participants opportunities to promote these life skills in young children and in themselves. Through this exciting journey, participants will also create a community of learners to further reflect and learn about the Life Skills necessary for children and themselves.
- **August 17 & August 24 & September 21 & September 28**  | 8:30 am-12:30 pm  | Mecklenburg

$60  | 16 credit hours
Audience & Level: A/3

North Carolina Foundations of Early Learning and Development
This five-hour session will provide participants with an introduction to Foundations, North Carolina’s new Early Learning and Development standards, how they are structured and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development by embedding the standards in daily classrooms planning and practice. *Participants must attend both sessions.
- **July 17 & 18**  | 6:00-8:30 pm  | Union
- **September 14**  | 8:30 am-2:30 pm  | Mecklenburg
- **September 17 & 19**  *must attend both sessions to receive credit  | 6:30-9:00 pm  | Cabarrus *location: New Life Kids Care, 4160 Zion Church Rd Concord, NC 28025

$25  | 5 credit hours  | 0.5 CEUs
Audience & Level: A/1

PCAN 2: Building a Healthy Brain
Brain development begins at conception and continues across the life span. Module 2 of the Preventing Child Abuse and Neglect series will help participants learn about five important strategies that child care professionals can use to support and promote very young children’s healthy brain development.
- **August 12**  | 6:30-8:30 pm  | Mecklenburg

$15  | 2 credit hours
Audience & Level: A/2

Positive Teacher Child Interactions
Teacher-Child relationships are essential to quality classroom practices. This session will provide participants with knowledge of quality interactions, how temperament affects relationships and strategies to promote positive teacher-child communication.
- **August 22**  | 6:30-8:30 pm  | Mecklenburg

$15  | 2 credit hours
Audience & Level: A/1
Promoting Children's Success: Building Relationships and Creating Supportive Environments
This training focuses on practical strategies that preschool teachers can use in the classroom to limit challenging behaviors, promote healthy social emotional development, and create an environment where all children can be successful.
July 18 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/1

Transition Magician
In this session participants will gain an understanding of what transitions are and how to assist children in being successful with transitions. Participants will identify when transitions occur and how to effectively plan for them. After this session participants will be able to facilitate transitions and understand how supervision can be controlled through planned activities.
August 22 | 6:30-8:30 pm | Mecklenburg
September 16 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/1

Curriculum
Explore! Discover! Investigate!
Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science such as: observing, recording, problem solving, and organizing information.
July 16 | 6:30-8:30 pm | Union
$15 | 2 credit hours
Audience & Level: A/3

Supporting Math Concepts for Young Children
One, two, three. Mathematics is more than counting! Come learn strategies to create a mathematically rich environment for young children, and how to integrate mathematics throughout the day.
July 25 | 6:30-8:30 pm | Mecklenburg
September 26 | 6:30-8:30 pm | Union
$15 | 2 credit hours
Audience & Level: A/3

Health, Safety & Nutrition
A+ Supervision
Did you know that with appropriate supervision most accidents and incidents that occur in child care programs can be avoided? In this session you will learn to recognize common situations that pose risks to children, and you will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.
July 30 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/1

Beyond Band Aids
It's a fact of life that children at home or in child care will become sick, get hurt, or need to take medicine. Dealing with these situations safely is a serious task. This workshop contains guidelines for responding appropriately to accidents and illness. It also describes procedures for carefully administering medication.
July 9 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
September 23 | 6:45-8:45 pm | Union
$15 | 2 credit hours
Audience & Level: A/1

CPR/First Aid Certification
Cardiopulmonary Resuscitation (CPR) Certification and First Aid Certification are required certifications for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants, children and adults. *There will be a one-hour break for lunch on your own.
July 13 | 8:30 am-4:30 pm | Mecklenburg
August 3 | 8:30 am-4:30 pm | Mecklenburg
September 7 | 8:30 am-4:30 pm | Mecklenburg
$60 | 7 credit hours
Audience & Level: A/1

CPR/First Aid: Above and Beyond
This training will go over and beyond regular CPR and First Aid. It is child oriented along with adult CPR. Participants will learn how to use a defibrillator and other lifesaving props. Participants will receive a Pediatric CPR and First Aid book along with handouts specific to your needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults. DCDEE approved instructor. *Checks must be written out to the trainer: Tracy Webb-Goodman
July 27 | 8:30 am-1:30 pm | Rowan
August 17 | 8:30 am-1:30 pm | Rowan
September 14 | 8:30 am-1:30 pm | Rowan
$60 | 5 credit hours
Audience & Level: A/1

Fire Safety
Does your program have a fire safety plan? This session will address Union county fire codes and guidelines for general precautions; emergency planning and fire drills; equipment services features and systems; fire-related construction and protection; restrictions for interior wall and ceiling covering in the classroom; means of egress; and the use of portable fire extinguishers. This session will also provide information on how to ensure compliance for fire safety. *For Union County providers only
August 14 | 3:00-5:00 pm | Union
$15 | 2 credit hours
Audience & Level: A/1

Get Ready, Get Set, Go!
Would you like to know how to keep children safe during daily routine transportation or on field trips? This workshop contains guidelines for appropriate supervision, accurate attendance taking, vehicle inspection and much more.
August 6 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
Audience & Level: A/1

Healthy Habits for Life
Childhood is a time when children begin to learn about themselves and the world around them. It is also a time when they begin to develop habits relating to nutrition and physical activity. These habits can affect them for the rest of their lives. Come learn about a Healthy Habits for Life Resource Kit. We will demonstrate fun and easy to use activities from the Kit that will fit right into your existing routine. We will talk about how to include families too! Come join the fun!
September 12 | 6:30 pm-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/2

Keeping Children Safe in Early Childhood Setting
Children learn best when they are in safe, well-supervised environments. Encouraging safe exploration is an important job for child care providers. Children are natural explorers and risk takers. They move quickly, put things in their mouths, drop and throw things, and love to climb and hide. Keeping children safe is crucial
August 1 | 6:30-8:30 pm | Cabarrus *Location: All Saints Episcopal Church, 525 Lake Concord Rd. Concord, NC 28025
$15 | 2 credit hours
Audience & Level: A/1
Playground Safety
Do you know what makes a playground safe? This session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and gain hands-on experience by completing a playground safety check.

- **July 25** | 9:00 am-1:00 pm | Mecklenburg
- **August 2** | 12:00-4:00 pm | Union
- **September 21** | 9:00 am-1:00 pm | Rowan
- **September 24** | 9:00 am-1:00 pm | Mecklenburg

Audience & Level: A/1
$25 | 4 credit hours

**Stewards of Children**
Preventing child abuse is an adult's responsibility. Darkness to Light's Stewards of Children is a 2 hour, evidence-informed educational program designed to teach adults how to prevent, recognize, and react responsibly to child sexual abuse. The training incorporates a documentary style video along with discussion and a workbook. Expected outcomes include changes in knowledge, attitudes, and child protective behaviors.

- **August 22** | 10:00 am-12:00 pm | Mecklenburg
- **July 13** | 8:00 am-1:30 pm | Mecklenburg

Audience & Level: A/1
$15 | 2 credit hours

**Partnering with Families to Address Challenging Behaviors: We are all in this together!**
When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents.

- **July 24** | 6:30-8:30 pm | Union
- **August 6** | 6:30-8:30 pm | Concord, N.C. 28027
- **September 12** | 6:30 pm-8:30 pm | Stanly

Audience & Level: A/1
$15 | 2 credit hours

**Preventing Power Struggles with Preschoolers**
We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom.

- **July 11** | 6:30-8:30 pm | Rowan

Audience & Level: A/1
$10 | 2 credit hours

**FLIP IT! An Intervention Strategy for Addressing Challenging Behavior**
FLIP IT™ is a strategy anyone can use to address a challenging behavior. It is a simple, kind, strength-based, commonsense, and effective four step process embodied in the FLIP IT mnemonic: F - Feelings, L - Limits, I - Inquiries, and P - Prompts.

- **July 13** | 8:00 am-1:30 pm | Mecklenburg

Audience & Level: A/3
$25 | 5 credit hours | 0.5 CEUs

**Infant/Toddler Zone: Caring for Infants and Toddlers**
Infant Toddler Environment Rating Scale (ITERS-R) assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale- Revised edition.

- **September 17** | 6:30-8:30 pm | Stanly

Audience & Level: A/2
$15 | 2 credit hours

**Staying On Track**
Why are daily classroom routines and schedules so important in the daily lives of teachers and young children? How does following a consistent daily schedule, with embedded routines, support the social and emotional development of the children in your class? What can we do to help children “stay on track” as they move through a typical preschool day? Through this session, you will receive answers to these questions and develop a deeper understanding of the role of schedules and routines in supporting healthy social-emotional development for all children.

- **August 15** | 6:30-8:30 pm | Mecklenburg
- **July 25** | 6:30-8:30 pm | Mecklenburg

Audience & Level: A/1
$15 | 2 credit hours

**Infant/Toddler Zone Safety**
During this session of the Infant Toddler Zone Safety Series, positive guidance strategies are presented so that you can help infants and toddlers learn about their world and its expectations. Enhance your understanding of how patient guidance can facilitate the development of social emotional competence, and discover ways to make the most of daily routines that support safe, healthy, and enjoyable experiences!

- **July 25** | 6:30-8:30 pm | Mecklenburg

Audience & Level: A/1
$15 | 2 credit hours
Infant Toddler Zone: Planning for Protection
Caring for infants and toddlers can be extremely rewarding while also pretty challenging. These very young children are dependent on their caregivers to meet their individual needs. Caregivers must support early learning and development, while also being responsible for infants’ and toddlers’ health and safety. During this session of the Infant Toddler Zone Safety Series, you will learn the key elements of planning for protection including, keeping records and communicating with families and other staff. You will discuss the importance of daily, active physical play and age-appropriate materials that allow for safe exploration in a secure environment. This training supports the ITERS-R subscales: Space and Furnishings, Personal Care Routines, Activities, and Program Structure.

**July 18** | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/1

**ITS-SIDS**
Developed by the NC Healthy Start Foundation’s ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. The Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care (ITS-SIDS) training prepares caregivers to set up safe sleep environments and follow safe sleep practices that may reduce the risk of injury and death from SIDS deaths and other sleep related infant deaths.

**July 8** | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
**July 10** | 6:30-8:30 pm | Union
$15 | 2 credit hours
**July 20** | 9:00-11:00 am | Mecklenburg
$10 | 2 credit hours
**July 25** | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
**August 10** | 9:30-11:30 am | Cabarrus
**August 13** | 6:30-8:30 pm | Mecklenburg
**August 15** | 6:30-8:30 pm | Union
$15 | 2 credit hours
**August 22** | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
**August 31** | 9:00-11:00 am | Mecklenburg
$15 | 2 credit hours
**September 11** | 3:00-5:00 pm | Union
**September 14** | 9:00-11:00 am | Mecklenburg
**September 26** | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/1

**More than Just Routine: Turn Everyday Infant Toddler Moments into Extraordinary!**
What does the word “curriculum” mean to you? If teaching skills and planning projects are the first ideas that come to mind, then this workshop will open your eyes to a new way of thinking about infant-toddler “curriculum.” Infant and toddler teachers spend a large part of the day engaged in routine caregiving responsibilities. These are key learning times! Participants will gain an understanding of why routines are essential to “curriculum” for infants and toddlers. Participants will learn how responsive and respectful one-on-one caregiving routines are opportunities for building relationships and learning, and how these routines are connected to culture and family values. This training provides information that supports the ITERS-R subscales: Personal Care Routines, Listening and Talking, Interactions and Program Structure.

**August 19** | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/2

**Planning With Purpose: Rethink Your Process to Meet the Individual Needs of Infants and Toddlers**
It is true what they say, children learn through play. But how do you know that you are planning the right play experiences for each child’s needs? Come explore the steps to successful planning that will give new purpose to your process. We will uncover why creating activity plans is an important part of being an intentional teacher. Discover how to use your observations of children to plan experiences that when flexible and adaptable, impact each child’s current and future skills and abilities. Leave with the understanding that being purposeful in your planning is the best way to support the development and learning of each infant and toddler in your care. This training provides information that supports the ITERS-R subscale: Space and Furnishings, Listening and Talking: Activities, Interaction, Program Structure and NCFELD Domains; All. (DCDEE) 1, 8, 9)
*participants must attend both sessions.

**August 8 & 15** | 6:30-9:00 pm | Rowan
$25 | 5 credit hours | 0.5 CEUs
Audience & Level: A/3

**Social/Emotional Milestones-Birth to 36 Months: Building Blocks for Future Learning**
First, everything is “mine”, then children learn to take turns, and eventually they learn to share. For infants and toddlers this learning happens through relationships and includes developing a sense of self, a sense of self with others, and learning about feelings. All children need an emotionally secure environment that supports healthy development in this learning domain. This workshop examines social/emotional competence as a vital component of later school readiness. Participants will learn how a responsive caregiver can help our youngest children form secure attachments, learn to navigate feelings and emotions, and begin to develop self-regulation and social skills, the building blocks for future learning. This training provides information that supports the ITERS-R subscales: Listening and Talking and Interactions.

**July 25** | 6:30-8:30 pm | Union
$15 | 2 credit hours
Audience & Level: A/2

**Temperaments of Infants and Toddlers: Understanding and Supporting Individual Differences**
We all have our own way of adapting and responding to the world around us. Are you distractible or persistent, sensitive or easy going? These characteristics describe temperament. During this workshop, we will learn about nine temperament traits and three large categories used to describe most infants and toddlers. Strategies on how to care for children based on their temperament type will be shared. We will also discuss the “goodness of fit” between your own temperament and the infants and toddlers in your care and explore the role of culture as it relates to temperament. By understanding temperament, caregivers can provide the supports needed to help every infant and toddler feel safe and secure in the child care setting. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Listening and Talking and Interactions and Program Structure.

**July 9** | 6:30-8:30 pm | Cabarrus
*Location: Kings Keep Learning Center, 7550 Ruben Linker Road N.W. Concord NC 28027
$15 | 2 credit hours
Audience & Level: A/2
Preschool

Early Childhood Environmental Rating Scale: An ECERS-R Overview
Develop a better understanding of the Early Childhood Environmental Rating Scales with this two-hour session. This session will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system. Find out what you can do to get prepared for your assessment and maintain quality in your classroom. Participants are encouraged to bring a copy of the spiral bound Early Childhood Environment Rating Scale Revised edition, but it is not required.

September 26 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
Audience & Level: A/1

How to Incorporate Yoga into the Classroom
How to incorporate Yoga into the Classroom is a hands on training that offers insight on yoga and the benefits it offers in Pre-k the classroom. The participants will learn basic breathing techniques and yoga movements. We will also cover affirmation and meditation. The second half of the training will focus on ways to incorporate the Yoga Basic Elements into daily lesson plans. Yoga Basic Elements are inclusive and can be used to accommodate multiple learning styles, abilities and life experiences.

August 10 | 9:00-12:00 pm | Rowan
$20 | 3 credit hours
Audience & Level: A/1

Story Stretchers
Everyone loves a good story. Through this hands on session, participants will learn how to extend favorite books into other areas of the curriculum; including learning centers and small group activities. Perfect for new and seasoned teachers!

August 8 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/1

School-Age

Basic School Age Care (BSAC)
The state of North Carolina mandates BSAC training for all school-age professionals who work in, or operate a licensed child care program. The modules in BSAC cover the elements of quality care, child development, positive guidance, age appropriate activities, environmental design, health and safety, and NC Child Care Regulations. *Reserved for school-age providers ONLY.

July 9 | 9:00 am-3:00 pm | Union
August 5 | 9:00 am-3:00 pm | Mecklenburg
August 27 & 29 *must attend both sessions to receive credit | 6:30-9:00 pm | Cabarrus location: New Life Kids Care 4160 Zion Church Rd Concord, NC 28025
September 26 | 9:00 am-3:00 pm | Mecklenburg
$25 | 5 credit hours | 0.5 CEUs
Audience & Level: A/1

Funding Effective School Age Programs
Finding funding is one of the hardest parts of running an effective school age program. Join other like-minded school age leaders in learning easy and effective ways to utilized untapped funding resources in your local community and throughout the state. School age professionals of all experience levels will leave with the tools necessary to recognize and access the funding opportunities needed to make their afterschool or summer camp program thrive.

July 31 | 10:00 am-12:00 pm | Union
$15 | 2 credit hours
Audience & Level: A/1

Understanding the SACERS-U
This session will provide an overview of the SACERS-U Rating Scale to include: the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they related to the SACERS-U and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

September 19 | 10:00 am-12:00 pm | Union
$15 | 2 credit hours
Audience & Level: A/1

CCRI Regional Trainers
Ellyn Andrews
Teri Brooks
Michelle Cuthbertson
Priscilla Hayes
Grace Horsman
Samelia Jones
Stephanie McAvoy
Karen Mintz
Bianca Stoggs

County Trainers
CCRI
Grace Horsman
Jennifer Kappas
Joan Nicholson
Debra Worsley
Stanly County Partnership for Children
Gay Almond
Joy Heglar
Smart Start Rowan
Quyona Rawley
Tracy Webb-Goodman

Guest Trainers
Alpha-Grate-Sydnor
Captain Doug Stevens
Union County & City of Monroe Fire Marshalls
Registration Form
Mecklenburg/ Cabarrus /Union
*Please see page 2 for details on how to register for Rowan and Stanly County training sessions.

Organization/Program Name: __________________________________________
Organization Address: ________________________________________________
City: __________________________ State: ___________________________ County: ________ Zip Code: __________
Organization Phone Number: __________________________ Fax Number: __________________________ Email Address: __________
Type of Program (circle one): Child Care Center / Family Child Care Home / Other

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include THEIR last name and the last four digits of THEIR Social Security Number. Please make copies as needed to register additional participants or sessions.

Training Session Title: __________________________ Date: __________
Participant Name(s): First, Last: __________________________
Participant Address: ____________________________________________
Participant City: __________________________ State: __________________________ County: ________ Zip: __________
Participant Phone: __________________________ email: __________________________
Position (Administrator/Teacher/Asst): __________________________ Last 4 Digits of participants SSN: __________
Ethnicity (circle one) Caucasian / African American / Asian / Hispanic - Latino / Native American / Multi-Racial / Prefer not to give
Gender (circle one): M / F _____ # of children in care (0-3yrs) _____ # of children in care (3-5yrs) _____ # of children in care (5-12yrs)
Participant Age: __ 15-19 years __ 20-24 years __ 25-34 years __ 35-44 years __ 45-54 years __ 55-59 years __ 60-64 years __ 65 and over __ Prefer not to give

Training Session Title: __________________________ Date: __________
Participant Name(s): First, Last: __________________________
Participant Address: ____________________________________________
Participant City: __________________________ State: __________________________ County: ________ Zip: __________
Participant Phone: __________________________ email: __________________________
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