Register Now for Training Sessions!

1. Review the professional development training sessions for topics, dates, times, locations and credits. Topics are listed under appropriate training categories.

2. Review the registration instructions on page 2 for the county in which your training session(s) is/are offered.

3. Complete the registration form on page 11 and return it as soon as possible to the appropriate location.

REMINDERS for ALL Training Sessions

- Pre-registration is required and enrollment is limited for sessions in all counties.
- Register early—registrations made within 2 weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records. For training in Stanly County, please refer to the registration instructions on page 2.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals will not be permitted to enter.
Cabarrus, Mecklenburg & Union

Payment Information:
- Check or money order (payable to “CCRI”) and credit cards are accepted payment forms.
- All training fees are NON-REFUNDABLE.

How To Register:
- ON THE WEB: Visit www.ccrinc.org to view, register, and pay for training sessions.
- BY MAIL or IN-PERSON: Send or bring registration form found in this publication with payment to the Child Care Resources location in the county where your selected session will be held:
  Cabarrus/Mecklenburg/Union
  Child Care Resources Inc.
  4600 Park Road, Suite 400
  Charlotte, NC 28209
- BY PHONE: Call Quyona Rawley at (704) 603-3351.

Rowan

Payment Information:
- Cash, check or money order (payable to “Smart Start Rowan”) are accepted payment forms.

How To Register:
- BY MAIL or IN-PERSON: Send or bring registration form found on page 11 with payment to Quyona Rawley at:
  Child Care Connections / Smart Start Rowan
  1329 Jake Alexander Blvd. S
  Salisbury, NC 28146
- BY PHONE: Call Quyona Rawley at (704) 603-3351.

Stanly

Payment Information:
- Cash, check or money order (payable to “Stanly County Partnership for Children”) are accepted payment forms.

How To Register:
- Download Stanly County’s registration form at www.stanlypartnership.org. Please DO NOT USE the registration form from this publication.
- BY MAIL or IN-PERSON: Send or bring registration form with payment to:
  Stanly County Partnership for Children
  1000 North First Street, Suite 8 (Stanly Commons)
  Albemarle, NC 28001
- Questions: Call Linda Solomon at (704) 982-2038.

Technology Requirements:
1. A Google account/email address
2. Computer/electronic device with internet connections and the ability to watch and listen to video online
3. Keyboard/mouse or mousepad
4. Speaker(s) to hear audio
5. Ability to send and receive electronic documents/email assignments
6. PDF reader.

Locations

MECKLENBURG: CCRI, 4600 Park Road, Suite 400
Charlotte, NC 28209

UNION: CCRI, 105-A Cedar Street
Monroe, NC 28110

CABARRUS: Please check training session description for location.

ROWAN: Please check training session description for location.

STANLY: Stanly County Partnership for Children
1000 N. First Street, Suite 8, Albemarle, NC 28001

Session Codes

Wondering if a session is right for you? Each description lists:

AUDIENCE: Indicates if training sessions are intended for staff from:
- Child Care Centers = C
- Family Child Care Homes = F
- Centers In A Residence = R
- All Child Care Programs = A

LEVEL: Indicates level of knowledge participants can expect to gain from a training session. This scale is adapted from the Early Care and Education Career Lattice described in Child Care Resources’ Reaching Higher professional development plan.
- 1 Entry – Offers basic background information.
- 2 Beginner – Explores practical applications.
- 3 Intermediate – Expands existing knowledge.
- 4 Advanced – Provides specific, in-depth knowledge relevant to field of concentration or interest area.

ERS: Indicates whether a training provides information related to one of the Environment Rating Scales: Infant/Toddler Environment Rating Scale (ITERS-R), Early Childhood Environment Rating Scale (ECERS-R), Family Child Care Environment Rating Scale (FCCERS-R), and School-Age Care Environment Rating Scale (SACERS).
Child Development

Mind in the Making: Seven Essential Life Skills Learning Journey

First Time Offered

Welcome to a very different kind of learning experience, a learning journey designed to engage and inspire you; to deepen your own learning; and to provide extensive information about the science of how children learn best.

Based on the groundbreaking book by Ellen Galinsky, Mind in the Making: The Seven Essential Life Skills Every Child Needs, this learning series has four sessions covering the seven essential Life Skills. Through engaging activities, reflection, and powerful videos, this learning journey offers participants opportunities to promote the Life Skills in young children and in themselves. The Skills are: Focus and Self-Control; Perspective Taking; Communicating; Making Connections; Critical Thinking; Taking on Challenges; and Self-Directed, Engaged Learning. Through this exciting journey, participants will also create a community of learners to further reflect and learn about the Life Skills necessary for children and themselves.

Session I

Mind in the Making Seven Essential Life Skills Introduction: Introduces the Seven Essential Life Skills and “executive functions”.

Life Skill One: FOCUS AND CONTROL: Children need this Life Skill to manage their responses to stimulation in environments filled with distractions and information overload. This Life Skill originates in infancy and is enhanced as a child develops. Participants learn the strategies that support paying attention, thinking flexibility, remembering the “rules”, and exercising self-control.

Session II

Life Skill Two: PERSPECTIVE TAKING: Explore the significance of Perspective Taking and how to promote it. This Life Skill goes far beyond empathy; it involves figuring out what others think and feel, and how to consider those views along with one’s own thoughts and feelings. Perspective Taking emerges in children over time; it impacts interactions and relationships; and it forms the basis of children’s understanding of the intentions of their parents, siblings, friends, teachers, and others.

Life Skill Three: COMMUNICATING: Communication is much more than understanding language, speaking, reading, and writing. This Life Skill is used to determine what one wants to communicate and how communications are understood by others. Learn strategies to promote this Skill in infants by using “infant-directed” speech; in young children by supporting “rich and descriptive” language, and ways to help preschoolers and older children think about what they want to say and how their words will be understood by others.

Session III

Life Skill Four: MAKING CONNECTIONS: This is the heart of learning; figuring out what’s the same and what is different and sorting these things into categories. Making both “usual” and “unusual” connections is also the core of creativity. Discover ways to help children see how ideas, concepts, and information might go together. Promoting this Life Skill helps children move beyond “knowing” information to “using” it.

Life Skill Five: CRITICAL THINKING: This Life Skill involves the on-going search for valid and reliable knowledge to guide one’s beliefs, decisions and actions. Critical Thinking follows a developmental path emerging in children over time. Learn to promote this Skill through decision-making processes and activities that encourage children to be curious about the world and how it works. Help children develop the skills to not only ask questions, but pursue answers and solutions.

Session IV

Life Skill Six: TAKING ON CHALLENGES: Life is full of stresses and challenges. Children who are willing to take on challenges; instead of avoiding them or simply coping with them, do better in school and life. This Life Skill presents the cycle of when and why stress occurs, how “stress systems are activated to address a challenging situation, and the “growth and “repair” modes to deal with the challenge. Develop strategies to manage difficult situations as well as strategies to support children through life’s challenges.

Life Skill Seven: SELF-DIRECTED ENGAGED LEARNING: It is through learning that each of us can realize our potential. As the world changes, we can change and continue to learn. Children need help discovering how to direct their own learning, and as teachers we can promote strategies for children’s self-directed learning.

*Participants must attend all 4 session to receive a certificate of completion

| Session 1 | Saturday, May 11 | 8:30 am-12:30 pm Mecklenburg |
| Session 1 | Saturday, June 15 | 8:30 am-12:30 pm Mecklenburg |
| Session 1 | Saturday, June 22 | 8:30 am-12:30 pm Mecklenburg |
| Session 1 | Saturday, June 29 | 8:30 am-12:30 pm Mecklenburg |

$60 | 16 credit hours
Audience & Level: A/3
Breast Milk: The Perfect Baby Food
With recent updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the last 3 generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other childhood health concerns, and how child care centers can promote, encourage and support breastfeeding within the walls of the child care facility. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device | Mecklenburg
- $15 | 2 credit hours

Bullying: Today’s Mean Scene
This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device | Mecklenburg
- $15 | 2 credit hours

Conversation: The Common Thread in Our Work
This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device | Mecklenburg
- $15 | 2 credit hours

Explore! Discover! Investigate!
Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of the world. Join us as we explore the components of nature/science for young children, and the skills that children are developing when exploring science such as observing, recording, problem solving, and organizing information. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device | Mecklenburg
- $15 | 2 credit hours

Fathers and Father Figures
What has remained constant over time is the acknowledgment that parents, both mothers and fathers, are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device | Mecklenburg
- $15 | 2 credit hours

How to Avoid Burnout
Working with young children is rewarding, but it also presents its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device
- $15 | 2 credit hours
- **Audience & Level:** A/2

Potty Time: When in the Right Time?
In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device
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Primary Caregiving
The security of a child's attachment to primary caregivers provides a base for the child's emotional - social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and learn how to implement a primary caregiving system in your classroom. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device
- $15 | 2 credit hours

Are Your Children in Times Square? Moving from Sensory Overload to Sensory Engagement
This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device | Mecklenburg
- $15 | 2 credit hours

Belonging: Including Children of Gay and Lesbian Parents (and all children!) in Your Program
Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, more responsive, and more respectful in our relationships with young children and with their families. This module is intended to address the topic of creating a sense of belonging for all families, including gay and lesbian families. *A Google account with a personal email address is required.

- **On Demand** *accessible at any time through computer or mobile device | Mecklenburg
- $15 | 2 credit hours

Check out our OnDemand Button at www.ccrinc.org.
Please see Page 2 for technology requirements.

A+ Supervision
Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices. *A Google account with a personal email address is required.

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- **On Demand** *accessible at any time through computer or mobile device | Mecklenburg
- $15 | 2 credit hours
**Professionalism: The Secret of Success**
This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display, as well as the knowledge that you continue to gain, that builds this image. It is designed to help participants realize that they are indeed professionals. *A Google account with a personal email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Will You Come Back for Me? Dealing with Separation Anxiety**
Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET’s reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers. *A Google account with a personal email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours

**Audience & Level: A/2**

**Zoning in on Behavior Prevention: It’s All in the Attitude!**
If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are that there is a problem with your “program”, not with the children. You will probably need to change aspects of your program; that is, the physical environment of the classroom, your schedule and curriculum, and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions. *A Google account with a personal email address is required.

**On Demand** *accessible at any time through computer or mobile device | Mecklenburg
$15 | 2 credit hours
**Administration**

Emergency Preparedness and Response in Child Care

Emergency Preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed two-part curriculum provides information, knowledge, and the tools to prepare early educators for many types of emergencies. *This curriculum meets the state standards and requirement for Emergency Preparedness and Response. *This session is reserved for administrators ONLY and the class is limited to 12 participants. *A homework assignment must be completed between session 1 and 2. Participants must attend both sessions.

- **April 1 & 15** | 1:00-3:00 pm | Mecklenburg
- **May 2 & May 9** | 2:00-4:00 pm | Union
- **May 8 & 22** | 10:00 am-12:00 pm | Mecklenburg
- **June 4 & 18** | 9:30-11:30 am | Mecklenburg

$25 | 5 credit hours | 0.5 CEUs  
Audience & Level: A/3

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**Professionalism**

How to Thrive During Challenging Conversations

I'm speaking, are you listening? We all want to be heard. It's gratifying, empowering, and makes us feel valued. And in a difference of opinion, we want our side to be represented. We want others to get who we are and to hear our point of view, even if they don't agree with us. Come join us to role play, listen, and learn tips and strategies for effective communication.

- **May 16** | 6:30-8:30 pm | Mecklenburg
  
  $15 | 2 credit hours  
  Audience & Level: A/3

**Professionalism in Child Care**

Participants will develop an understanding of the importance of professionalism in the early care and education field. Participants will explore professional behaviors and attributes; discuss professional behaviors specific to their program; identify "who are the customers"; and how professionalism is key to building quality.

- **April 13** | 9:30-11:30 am | Mecklenburg
  
  $15 | 2 credit hours  
  Audience & Level: A/1

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**Child Development**

Adult and Child Interactions in Early Care Environments

Early care providers often focus on observing young children, responding to children’s needs and interests, and helping children learn to get along with others. Provider’s responsibilities also include enhancing children’s development, learning and the skills to function in group care. In this session, we will explore how all of this is impacted by adult and child interactions. We will discuss positive, negative, and neutral adult child interactions, and the kinds of adult support needed and appropriate for children in early care environments.

- **June 20** | 6:30-8:30 pm | Mecklenburg
  
  $15 | 2 credit hours  
  Audience & Level: A/3

Are Your Children in Times Square?

Moving from Sensory Overload to Sensory Engagement

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children’s spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

- **June 13** | 6:30-8:30 pm | Cabarrus
  
  *location: Harrisburg Presbyterian Church Child Development Center, 220 Oakley Dr., Harrisburg, NC

  $15 | 2 credit hours  
  Audience & Level: A/3

Early Brain Development and Toxic Stress

Science is just beginning to understand the interconnection of mind and body -- and how our thoughts, feelings, and experiences affect health, development and general well-being. This session will explore the development of the brain in the context of early childhood mental health, and learn how important a child's experiences are to the developing brain. We will explore the concept of what STRESS is, and how it affects the brain and the body with particular focus on infants, toddlers and young children.

- **June 27** | 6:30-8:30 pm | Rowan
  
  $10 | 2 credit hours  
  Audience & Level: A/1

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**Mind in the Making Seven Essential Life Skills Learning Journey-4 Session Training Series**

**FIRST TIME OFFERED** Based on the groundbreaking book by Ellen Galinsky, Mind in the Making: The Seven Essential Life Skills Every Child's Needs, this learning series has four sessions covering the seven essential Life Skills. Through engaging activities, reflection, and powerful videos, this learning journey offers participants opportunities to promote the Life Skills in young children and in themselves. *Participants must attend all four sessions.

- **May 11 & June 15, 22 & 29** | 8:30 am-12:30 pm | Mecklenburg
  
  $60 | 16 credit hours  
  Audience & Level: A/3

North Carolina Foundations of Early Learning and Development

This five-hour session will provide participants with an introduction to Foundations, North Carolina’s new Early Learning and Development Standards, how they are structured and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development, by embedding the standards in daily classrooms planning and practice. *Participants must attend both sessions.

- **April 22 & May 6** | 9:00-11:30 am | Mecklenburg
  
  **April 30 & May 7** | 6:30-9:00 pm | Union

  **May 4** | 9:00 am-2:00 pm | Cabarrus

  *location: All Saints Episcopal Church, 525 Lake Concord Rd. Concord NC 28025

  **May 18** | 8:30 am-3:00 pm | Mecklenburg

  $25 | 5 credit hours | 0.5 CEUs  
  Audience & Level: A/1

The Influence of Culture on Caregiving

As the early care and education field becomes increasingly diverse, the ability to collaborate effectively with parents and children from different backgrounds is increasingly critical to providing quality services. This session offers child care professionals the opportunity to explore how one’s culture influences routines, caregiving style, and parenting choices. Participants will also learn and practice an approach (“cultural reciprocity”) for resolving culturally based dilemmas with families.

- **April 9** | 6:30-8:30 pm | Cabarrus
  
  *location: Harrisburg Presbyterian Church Child Development Center, 220 Oakley Dr., Harrisburg, NC

  $15 | 2 credit hours  
  Audience & Level: A/2
How Child Observations Support Planning
In this session, participants will gain an understanding of what transitions are and how to assist children in being successful with transitions by using techniques and guidance. Participants will identify when transitions occur and how to effectively plan for them. After this session, participants will be able to facilitate transitions and understand how supervision can be controlled through planned activities.

Transition Magician
In this session, participants will gain an understanding of what transitions are and how to assist children in being successful with transitions by using techniques and guidance. Participants will identify when transitions occur and how to effectively plan for them. After this session, participants will be able to facilitate transitions and understand how supervision can be controlled through planned activities.

May 30 | 9:30-11:30 am | Mecklenburg
June 27 | 6:30-8:30 pm | Cabarrus
*Location: All Saints Episcopal Church, 525 Lake Concord Rd. NE, Concord, NC 28025
$15 | 2 credit hours
Audience & Level: A/1

Curriculum

ABC’s of Writing
When should young children begin to explore writing? Join us as we explore writing development in young children including: alphabet knowledge and phonological knowledge, the connection of reading and writing, print and literacy rich environments, and the components of a writing center.

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May 8 | 6:30-8:30 pm | Union
$15 | 2 credit hours
Audience & Level: A/3

Circle Time Fun and Learning
In this session, participants will practice how to smoothly transition to and from circle time. We will list a variety of component activities that can be incorporated into circle time, and discuss the appropriateness of the use of calendar time during circle time.

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May 10 | 9:30-11:30 am | Mecklenburg
June 6 | 9:30-11:30 am | Cabarrus
*Location: All Saints Episcopal Church, 525 Lake Concord Rd. NE, Concord, NC 28025
$15 | 2 credit hours
Audience & Level: A/3

How Children Develop and Learn
Let’s make what we know about child development meaningful. Knowing child development is the starting point for lesson planning, selecting materials, and guiding children’s learning. Participants will also explore how development proceeds on a continuum, the process for conducting child observations, and how child observations support planning.

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Let’s make what we know about child development meaningful. Knowing child development is the starting point for lesson planning, selecting materials, and guiding children’s learning. Participants will also explore how development proceeds on a continuum, the process for conducting child observations, and how child observations support planning.

April 23 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/3

Schedules and Routines
This module will help participants understand how to use instructional practices related to schedules and routines that promote children’s emotional-social development and learning. Participants will also learn how to involve families, and how to articulate the relationship between targeted instructional practices and NC Foundations for Early Learning and Development.

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May 20 | 6:45-8:45 pm | Union
$15 | 2 credit hours
Audience & Level: A/1

Health, Safety & Nutrition

A+ Supervision
Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this session you will learn to recognize common situations that pose risks to children, and you will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

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May 8 | 6:30-8:30 pm | Cabarrus
*Location: Children’s Courtyard of Concord, 9430 Moss Plantation Ave, Concord, NC 28027
$15 | 2 credit hours
Audience & Level: A/1

Beyond Band Aids
It’s a fact of life that children at home or in child care will become sick, get hurt or need to take medicine. Dealing with these situations is a serious task. This workshop contains guidelines for responding appropriately to accidents and illnesses. It also describes careful procedures for administering medication.

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May 7 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
Audience & Level: A/1

CPR/First Aid Certification
Cardiopulmonary Resuscitation (CPR) and First Aid Certification are required certifications for every family child care provider and most child care center staff. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants, children and adults.

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April 6 | 8:30 am-4:30 pm | Mecklenburg
May 4 | 8:30 am-4:30 pm | Mecklenburg
June 1 | 8:30 am-4:30 pm | Mecklenburg
$60 | 7 credit hours
Audience & Level: A/1

CPR/First Aid: Above and Beyond
This training will go above and beyond regular CPR and First Aid. It is child oriented, along with adult CPR. Participants will learn how to use a defibrillator and other life saving props. Participants will receive a pediatric CPR First Aid book along with handouts specific to your needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults. DCDEE approved instructor.

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April 27 | 8:30 am-1:30 pm | Rowan
May 25 | 8:30 am-1:30 pm | Rowan
$60 | 5 credit hours
Audience & Level: A/1

Playground Safety
Do you know what makes a playground safe? This session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and gain hands-on experience by completing a playground safety check.

Playground Safety
Do you know what makes a playground safe? This session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and gain hands-on experience by completing a playground safety check.

April 13 | 9:00 am-1:00 pm | Cabarrus
*Location: All Saints Episcopal Church, 525 Lake Concord Rd. Concord NC 28025
April 25 | 9:00 am-1:00 pm | Mecklenburg
May 31 | 12:00-4:00 pm | Union
$25 | 4 credit hours
June 8 | 9:00 am-1:00 pm | Rowan
$20 | 4 credit hours
June 13 | 9:00 am-1:00 pm | Mecklenburg
$25 | 4 credit hours
Audience & Level: A/1

Stewards of Children
Preventing child abuse is an adult responsibility. Darkness to Light’s Stewards of Children is a 2 hour evidence-informed, educational program designed to teach adults how to prevent, recognize and react responsibly to child sexual abuse. The training incorporates a documentary style video along with discussion and a workbook. Expected outcomes include changes in knowledge, attitudes, and child protective behaviors.

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April 13 | 8:30-10:30 am | Rowan
$10 | 2 credit hours
Audience & Level: A/1
Social & Emotional Development

Behavior Intervention Strategies
Teachers who care for children with behavioral difficulties often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies.

June 13 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/1

Please, Teach Me What to Do
Learning new skills is hard, and when you’re a preschooler every skill is new. Learning to manage your own behavior can be the hardest skill of all. Teaching self-management can be an intensive process, but it’s a skill that is crucial to kindergarten readiness. When children can navigate the classroom with minimal assistance, they learn to take ownership of their own actions and choices, they treat others better, and are better able to calm themselves and to problem solve. Come learn the five steps to teaching self-management skills so you and your children can reap the benefits.

May 16 | 6:30-8:30 pm | Stanly
$7 | 2 credit hours
May 21 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
Audience & Level: A/1

Preventing Challenging Behaviors: An Ounce of Prevention is Worth a Pound of Cure
The environment teachers create, paired with their knowledge of the children in their care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key emotional skills they need to succeed. This session focuses on helping teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies.

June 13 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/1

Infant/Toddler

Infant Toddler Zone: Caring for Infants and Toddlers
During this session of the Infant Toddler Safety Series, positive guidance strategies are presented that help infants and toddlers learn about their world and its expectations. Enhance your understanding of how a caregiver’s patient guidance can facilitate the development of social emotional competence of infants and toddlers; and discover ways to make the most out of daily routines that support healthy, and enjoyable experiences!

April 4 | 6:30-8:30 pm | Mecklenburg
June 25 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/2

ITS-SIDS
Developed by the NC Healthy Start Foundation’s ITS-SIDS Project, this session meets state requirements for IT-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available.

*Health and Safety Training Topic #11- Prevention of Sudden Infant Death Syndrome and Use of Safe Sleep Practice.

April 8 | 6:30-8:30 pm | Mecklenburg
April 17 | 3:00-5:00 pm | Union
$15 | 2 credit hours
April 18 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
April 27 | 9:00-11:00 am | Mecklenburg
May 6 | 6:30-8:30 pm | Mecklenburg
May 16 | 6:30-8:30 pm | Union
$15 | 2 credit hours
Audience & Level: A/1

Language Development and Communication in Infants and Toddlers: What Are They Talking About?
It starts with crying, cooing, and babbling, and then you finally hear it, their first words! Sharing those language milestone moments can be some of our best experiences as infant and toddler teachers. During this workshop you will learn more about the development of language and communication for children birth to three; the research that links relationships to language learning in the first three years; and strategies to support development in this domain for all infants and toddlers, including dual language learners. In addition, participants will have a chance to discuss and share their ideas about the importance of talking to, singing with, and reading to infants and toddlers to foster a lifetime love of language and learning. This training provides information that supports the IT-R subscales: Personal Care Routines, Listening, Talking and Interactions.

May 28 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
Audience Level: A/2

Linking NC Foundations for Early Learning and Development to Curriculum Planning for Infants and Toddlers
Do you want to understand how to align your infant and toddler activity plans with Foundations for Early Learning and Development? Then this CEU course is for you. This five-hour course will provide participants with an introduction to Foundations, help you navigate your way through the document and identify strategies that support children’s development and learning. Participants will spend time observing children in their classroom setting to create intentional activity plans that align with the five domains of development. Participants are encouraged to bring a copy of NC Foundations for Early Learning and Development (NC FELD) Booklet and a blank copy of the activity plan you use in your program. This training provides information that supports the IT-S subscales: Listening and Talking, Activities, Interaction and Program Structure and NCFELD Domains.

May 2 & 9 | 6:30-8:30 pm | Mecklenburg
$25 | 2 credit hours
Audience Level: A/3

*participants must attend both sessions and complete a take home activity
Temperaments of Infants and Toddlers: Understanding and Supporting Individual Differences

We all have our own way of adapting and responding to the world around us. Are you distractible or persistent, sensitive or easy going? These characteristics describe temperament. During this workshop, we’ll learn about 9 temperament traits and 3 large categories used to describe most infants and toddlers. Strategies on how to care for children based on their temperament type will be shared. We will also discuss the “goodness of fit” between your own temperament and the infants and toddlers in your care and explore the role of culture as it relates to temperament. By understanding temperament, caregivers can provide the supports needed to help every infant and toddler feel safe and secure in the child care setting. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Listening and Talking and Interactions and Program Structure.

May 14 | 6:30-8:30 pm | Stanly
$7 | 2 credit hours
Audience Level: A/2

Understanding Monitoring and Developmental Screening

Have you ever been approached by a parent that had concerns about their child’s development? Have you ever struggled with talking to a parent when you had concerns about their child’s development? This training is designed for early childhood educators to provide an overview of monitoring children’s developing milestones and developmental screening. The training will explain your role in developmental monitoring and the importance of promoting developmental screening when there is a cause for concern. Participants will learn the difference between developmental monitoring and developmental screening, why each is important in supporting children birth to five, how to communicate effectively with parents and how to assist them through the referral process.

June 11 | 6:30-8:30 pm | Union
$15 | 2 credit hours
Audience Level: A/2

What Every Baby Needs

Everything in a baby’s world happens in steps and stages. It is important to appreciate each stage as it occurs and provide the support and guidance needed to allow a successful journey through each one. This training will offer suggestions of what types of materials support learning at the different stages. You will gain insight on the benefits of providing babies with ample time and space to master a skill before moving on to start practicing a new one and will explore some of the drawbacks of intervening unnecessarily. With each mastered skill, babies are discovering more about their bodies, the world around them and how the two work together. These skills are the foundations that they will carry with them throughout their life and across all domains of learning. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Activities and Program Structure.

April 25 | 6:30-8:30 pm | Cabarrus
*location: Kings Keep Learning Center, 7550 Ruben Linker Road N.W. Concord NC 28027
$15 | 2 credit hours
Audience Level: A/2
Preschool

Early Childhood Environment Rating Scale: An ECERS-R Overview
Develop a better understanding of the Early Childhood Environment Rating Scale with this two hour session. This workshop will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system. Find out what you can do to get prepared for your assessment and maintain quality in your classroom. Participants are encouraged to bring a copy of the spiral bound Early Childhood Environment Rating Scale—Revised edition, but it is not required.

April 9 | 6:30-8:30 pm | Rowan
June 13 | 6:30-8:30 pm | Rowan
$10 | 2 credit hours
Audience & Level: A/1

How to Incorporate Yoga in the Classroom
How to Incorporate Yoga in the Classroom is a hands on training that offers insight on yoga and the benefits it offers the Pre-K classroom. The participants will learn basic breathing techniques and yoga movements. We will also cover affirmation and meditation. The second half of training will focus on ways to incorporate the Yoga Basic Elements into the daily lesson plan. Yoga Basic Elements are inclusive and can be used to accommodate multiple learning styles, abilities and life experiences.

April 6 | 9:00 am-12:00 pm | Rowan
May 4 | 9:00 am-12:00 pm | Rowan
$20 | 3 credit hours
Audience & Level: A/1

Stress Relief Practices for the Educator: Because Stress Really Doesn’t Go with My Lesson Plan
Whether it is dealing with challenging behaviors, communicating with parents, meeting deadlines or just keeping up with the daily demands of the preschool classroom, there is no doubt that being an educator is often a stressful experience. Even the most seasoned teacher can become overwhelmed. In this session, you will learn practical solutions for stress relief, including creating your own body scrub and ideas on creating a peaceful space in your classroom or home. In addition you will practice exercise through dance that will help both you and your children manage stress more effectively and build resilience in the face of challenges.

May 18 | 9:00 am-1:00 pm | Rowan
$20 | 4 credit hours
Audience & Level: A/1

School-Age

Basic School Age Care (BSAC)
The state of North Carolina mandates BSAC training for all school-age professionals who work in or operate a licensed child care program. The modules in BSAC cover the elements of quality care, child development, positive guidance, age appropriate activities, environmental design, health/safety and NC Child Care Regulations. *Reserved for school age providers ONLY.

April 30 | 9:00 am-3:00 pm | Mecklenburg
June 8 | 9:00 am-2:00 pm | Cabarrus
*location: All Saints Episcopal Church, 525 Lake Concord Rd. Concord NC 28025
June 19 | 9:00 am-3:00 pm | Mecklenburg
$25 | 5 credit hours | 0.5 CEUs
Audience & Level: A/1

Incorporating STEM Principles in the School Age Classroom
This session will support our understanding of STEM to include: the principles and foundations of STEM, understanding how children learn best and how following children’s interests is the foundation of STEM. Participants will explore incorporating STEM principles and activities into the school-age classroom.

June 8 | 8:30-10:30 am | Mecklenburg
June 20 | 6:30-8:30 pm | Union
$15 | 2 credit hours
Audience & Level: A/3

Positive Afterschool Programs
A well-implemented, quality afterschool program can support healthy learning and development when it addresses the key factors of a positive program. This session will provide participants with the core knowledge of afterschool programming.

May 23 | 6:30 pm-8:30 pm | Cabarrus
*location: New Life Kids, 4160 Zion Church Rd. Concord, NC 28025
$15 | 2 credit hours
Audience & Level: A/1

Understanding the SACERS-U
This session will provide an overview of the SACERS-U Rating Scale to include: the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they relate to the SACERS-U and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

April 11 | 6:30-8:30 pm | Union
April 25 | 6:30 pm-8:30 pm | Cabarrus
*location: New Life Kids, 4160 Zion Church Rd. Concord, NC 28025
April 27 | 8:30-10:30 am | Mecklenburg
$15 | 2 credit hours
Audience & Level: A/3

CCRI Regional Trainers
Ellyn Andrews
Teri Brooks
Michellie Cuthbertson
Priscilla Hayes
Grace Horzman
Samelia Jones
Stephanie McAvoy
Karen Mintz
Bianca Staggs

County Trainers
CCRI
Grace Horzman
Jennifer Kappas
Joan Nicholson
Debra Worsley
Stanly County
Partnership for Children
Gay Almond
Jay Heglar
Smart Start Rowan
Joyona Rawley
Tracy Webb-Goodman

Guest Trainers
Alpha-Grate-Sydnor
Captain Doug Stevens
Union County & City of Monroe Fire Marshalls
Registration Form
Mecklenburg/ Cabarrus /Union

*Please see page 2 for details on how to register for Rowan and Stanly County training sessions.

Organization/Program Name: ____________________________________________
Organization Address: _____________________________________________________________________________
City: ___________________________________________________________________ State: _____________________ County: __________ Zip Code: ______________
Organization Phone Number: ______________________________ Fax Number: _____________________________ Email Address: __________________________
Type of Program (circle one):  Child Care Center / Family Child Care Home / Other

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include THEIR last name and the last four digits of THEIR Social Security Number. Please make copies as needed to register additional participants or sessions.

Training Session Title: ___________________________________________ Date: __________
Participant Name (s): First, Last: ______________________________________
Participant Address: _____________________________________________________________________________
Participant City: ___________________________________________________________________ State: _____________________ County: __________ Zip: ______________
Participant Phone: ______________________________ email: _____________________________
Position (Administrator/Teacher/Asst): ___________________________ Last 4 Digits of participants SSN: ___________________________
Ethnicity (circle one) Caucasian / African American / Asian / Hispanic - Latino / Native American / Multi-Racial / Prefer not to give
Gender (circle one): M / F _______ # of children in care (0-3yrs) _______ # of children in care (3-5yrs) _______ # of children in care (5-12yrs)
Participant Age: __ 15-19 years __ 20-24 years __ 25-34 years __ 35-44 years __ 45-54 years __ 55-59 years __ 60-64 years __ 65 and over __ Prefer not to give

Training Session Title: ___________________________________________ Date: __________
Participant Name (s): First, Last: ______________________________________
Participant Address: _____________________________________________________________________________
Participant City: ___________________________________________________________________ State: _____________________ County: __________ Zip: ______________
Participant Phone: ______________________________ email: _____________________________
Position (Administrator/Teacher/Asst): ___________________________ Last 4 Digits of participants SSN: ___________________________
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Credit Card payments accepted online only.
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